

# Rachel Ford, M.D.

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## EDUCATION AND TRAINING

Loma Linda University Health  
Residency, Plastic and Reconstructive Surgery

University of Louisville School of Medicine, Louisville, KY  
Doctor of Medicine, Summa Cum Laude

The George Washington University, Washington, DC  
Master of Forensic Sciences, Concentration in Forensic Molecular Biology

University of North Carolina at Wilmington, Wilmington, NC  
Bachelor of Science in Biology, Summa Cum Laude

## BOARD CERTIFICATION

American Board of Plastic Surgery, Diplomate (Certified since 2018)

## PROFESSIONAL MEMBERSHIPS

American Society of Plastic Surgeons, Active Member  
The Aesthetic Society, Active Member

## ACADEMIC APPOINTMENTS

Clinical Faculty, Riverside University Health System – Division of Plastic Surgery (Current)  
Clinical Faculty, Loma Linda University Health- Department of Plastic Surgery (Past)  
Clinical Faculty, University of California, Riverside School of Medicine (Past)  
• Instructor for surgical skills and suturing workshops for medical students

## HONORS AND AWARDS

Castle Connolly Top Doctor since 2023  
Frank R. Rogers Academic Achievement Award (multiple years in residency)  
Alpha Omega Alpha Honor Medical Society  
Gold Humanism Honor Society  
AMA/KMA Alliance Award- Ranked first in class each year of medical school  
Dean's Award for Scholarship- Awarded for academic excellence over all four years of medical school

## PUBLICATIONS

**Ford R**, Dhillon J, Danci I, Gupta S. Uses of a Silk-Derived Biological Scaffold for Static Facial Suspension: A Case Series of a New Technique. Surgical Research Updates. 2015. Vol 3, No 2

Hazani R, Rao A, **Ford R**, Yaremchuk MJ, Wilhelmi BJ. The Safe Zone for Placement of Chin Implants. Plast Reconstr Surg. 2013 Apr;131(4):869-72.

Hazani R, **Ford RS**, Rao AJ, Wilhelmi BJ. Caudal Resection of the Upper Lateral Cartilages and Its Measured Effect on Tip Rotation. *Ann Plast Surg*. 2013 Mar 28

O.A. Adetayo, **R.S. Ford**, M.C. Martin. Africa Has Unique and Urgent Barriers to Cleft Care: Lessons from Practitioners at the Pan-African Congress on Cleft Lip and Palate. *Pan African Medical Journal*, 12, p. 15 (2012).

M. Chariker, **R. Ford**, E. Rasmussen, E. Schotter. Case Report: Management of Periauricular and Auricular Necrotizing Wound from Brown Recluse Spider Bite using Negative Pressure Wound Therapy and Wound Interface Modulation. *Eplasty* 2012; 12:e26.

M. Chariker, **R. Ford**, C. Morrison, A. Theile, K. Moeller, T. Moriarty. Pituitary Duplication with Nasopharyngeal Teratoma and Cleft Palate. *Journal of Craniofacial Surgery*, 22(2) pp. 755-758, (2011)

K.N. Olsen, **R.S. Melton**, K.M. Yaudes, K.G. Norwood, and D.W. Freshwater. Characteristics and Utility of Plastid-Encoded 16S rRNA Gene Sequence Data in Phylogenetic Studies of Red Algae. *Journal of the North Carolina Academy of Science* 120(4), pp. 143-151 (2004).

## PRESENTATIONS

### Poster Presentations:

Jane Dhillon, MD; **Rachel Ford, MD**; Ioana Danci, BS; Subhas Gupta, MD. *A Pilot Case Series of Static Soft Tissue Suspension in the Periorbital Region Using a Silk Derived Biological Scaffold: Outcomes and Lessons Learned*. Annual Postgraduate Convention, Loma Linda University Medical Center, March 2015

Nguyen, D, E Magtanong, J Chidester, **R Ford**, S Motakef, and H Kim. The Un-Wise Pattern Breast Reduction: Incorporating the Preexisting Superomedial Scar. Annual Postgraduate Convention, Loma Linda University Medical Center, March 2018

### Podium Presentations:

**R.S. Ford** & S.C. Gupta. Turning the Microscope on Physician Performance Software: An Analysis of 30 day Readmission Rates for a Plastic Surgery Department. American Society of Plastic Surgeons- The Meeting, October 13, 2013

T. Frew, W. Wong, **R. Ford**, Y. Lin, S. Gupta. Investigating Board Certification: Do Our Patients Know How to do Their Homework? American Society of Plastic Surgeons- The Meeting, October 17, 2015